

Research Paper

Does Lymphadenectomy with at Least 15 Perigastric Lymph Nodes Retrieval Promise an Improved Survival for Gastric Cancer: A Retrospective Cohort Study in Southern China

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Abstract

Background: Specific guidelines recommend at least 15 or 16 lymph nodes (LNs) be examined to adequately assess nodal category of gastric cancer (GC), but the requirement for minimum number of regional LNs retrieval is not mentioned. This study aims to investigate survival significance from various numbers of perigastric (N1) LNs retrieval and to determine an optimal number harvested in such region.

Study design: From April 1994 to March 2012, 1003 resectable GC patients with at least 15 LNs examined were included. Patients with at least 15 N1 nodes retrieval were assigned into study group, with the rest into control group. The 5-year overall survival (OS) rate was compared between two groups, and an optimal number of examined N1 nodes was detected by a survival joinpoint analysis.

Results: 635 (63.3%) patients in study group had median 22 (range, 15-75) N1 nodes and 3 (range, 0-74) positive N1 nodes retrieval, with median 10 (range, 0-14) N1 nodes and 1 (range, 0-29) metastatic N1 nodes examined in control group. The number of N1 nodes retrieval was associated with tumor location ($P=0.007$), tumor stage ($P<0.001$) and total number of harvested LNs ($r=0.691$, $P<0.001$). Median survival time (79.0 vs. 72.0 months, $P=0.462$) and actual 5-year OS rate (41.0% vs. 39.2%, $P=0.463$) were slightly improved in study group compared with control group, with significance obtained via stage-by-stage analysis. The joinpoint analysis indicated that at least seven N1 nodes retrieval achieved survival significance (81.0 vs. 35.0 months, $P=0.036$), with survival superiority remained until reaching up to 15 N1 nodes.

Conclusion: Adequate retrieval of perigastric LNs is essential for radical gastrectomy. A harvest of at least 7-15 perigastric LNs could achieve long-term survival benefit for GC patients.

Key words: gastric cancer, regional lymph nodes, lymphadenectomy, survival, tumor staging

Introduction

Lymph node (LN) metastasis is one of the most important determinants of recurrence and long-term survival in patients with gastric cancer (GC). The

evaluations of nodal status and extent of LNs retrieval are clinically relevant, since an increased number of involved LNs are the most common mechanism

leading to upstaging of adenocarcinoma and one of the essential factors in predicting poor prognosis. Up to the present, the proper extent of LNs dissection and retrieval for adequate staging has generated decades of discourse with variable worldwide practice [1, 2].

In United States, the National Comprehensive Cancer Network (NCCN) guideline has recommended radical gastrectomy plus D2 lymphadenectomy as a standard surgical treatment of GC, with an additional goal of removing at least 15 LNs [3, 4]. However, the optimal number of LNs retrieval for tumor staging is controversial and debatable [5]. Recent studies suggest that tumor staging would be unreliable once less than 10 LNs examined, and the trend towards superior survival can be earned after more than 25 LNs removed [6, 7]. Besides, it is found that the substage-specific survival strongly depends on the harvested number of LNs and culminates in the highest survival at counts of 40 LNs [8]. More evidence has shown that at least 15 LNs retrieval is not sufficient to warrant a recommendation for more curative surgery. Increasing number of regional LNs retrieval, especially around the perigastric region (N1), would be helpful to obtain more examined LNs in theory. Importantly, it is not technically challenging to realize in clinical practice.

To our knowledge, how many LNs should be removed and examined in the first-tier (N1) or perigastric stations is rarely discussed, without valuable recommendations mentioned in available guidelines. Besides, whether the number of perigastric LNs retrieval impacts on tumor staging or prognosis remains unsolved. The current study is designed to explore the role of perigastric LNs retrieval in long-term survival of GC patients and to identify an optimal number for nodal harvest in such region.

Materials and Methods

This was a retrospective review of prospectively collected GC database at a tertiary-level hospital in Southern China. Between April 1994 and March 2012, adult patients, who had confirmed pathological diagnosis of gastric adenocarcinoma and undergone a radical gastrectomy in our center, were selected from our database. The study protocol was approved by the Institutional Review Board of our hospital, with informed consent waived due to the retrospective study design.

Patients' enrollment

Within the study period, patients with incomplete or unknown information such as missing tumor stage, number of LNs and follow-up information contained within the dataset were filtered out. Besides, patients with confirmed distant

metastasis, including liver, peritoneum, lung, pelvis, bone and brain, were also eliminated. After that, patients with less than 15 LNs isolated were removed from the final analysis. All data on age, gender, body mass index (BMI), tumor location, surgical procedure, type of lymphadenectomy, harvested LNs, positive LNs and long-term survival were taken directly from original dataset, with no need for additional recoding or calculations. As described by others, tumor features, such as depth of invasion, histology, LNs metastases and pathological staging, were determined on basis of the 7th edition of American Joint Committee on Cancer (AJCC) staging system for GC [9]. Type of radical surgery was divided into total gastrectomy and subtotal gastrectomy mainly based on the principle of "rx sum-surg prim site (1998+)". If a definitive surgical procedure was missing or beyond the above-mentioned scope, the patient would be filtered from the study as that not undergoing radical gastrectomy. Besides, the following groups of patients were also eliminated: multiple primary tumors existed, <3-month survival and follow-up period.

Clinical management schemes

All patients were allocated a clinical tumor stage (cTNM) during the multidisciplinary team (MDT) meeting, which was usually held once a week. Routinely, all surgical procedures and systemic chemotherapies were determined by the MDT discussion. The detailed surgical approach was primarily dictated by surgeon's preference, with open or laparoscopic fashion performed across the period. However, D2 or D2 plus lymphadenectomy were performed by highly experienced gastrointestinal surgeons, as described previously [10]. Specifically, LN harvest was performed by one of scrubbing surgeons in the theater, with various stations of removed LNs identified prior to pathologic assessment. Thereafter, the definitive numbers of harvested and metastatic nodes were confirmed microscopically by experienced pathologists. As for chemotherapy, fluorouracil (5-Fu)-based chemotherapy was performed for patients with stage II or higher, with combining S-1 (60mg/m²) and oxaliplatin (85mg/m²) as a main regimen for at least eight cycles in planning. Besides, adjuvant radiotherapy would be performed in certain patients with regional LN metastasis or suspicious positive surgical margin from final pathological report. Neoadjuvant therapy mainly performed as chemotherapy was suggested to patients with unresectable tumor or severe LN metastasis.

Follow-up investigations were typically scheduled every three months for the first two years after surgery, every six months for the next three years and then once a year until the patient's death [11]. The

follow-up program included a physical examination, physical and psychological assessments, laboratory blood tests, digestive tumor markers monitor and contrast-enhanced computed tomography (CT). Recurrence was confirmed on the basis of clinical, radiologic or endoscopic signs of disease.

Study design and outcomes

According to the definition of LN stations by the Japanese Research Society for GC study, LN stations 1-6 are referred to as N1, stations 7-11 as N2, stations 12-14 as N3, and stations 15 to 16 as N4 [12]. Hence, D2 lymphadenectomy should include perigastric LNs with additional nodes along left gastric, common hepatic, celiac, splenic arteries or splenic hilum. In this study, patients with qualified number of LNs retrieval (≥ 15 nodes) were enrolled and stratified into two groups: control group with less than 15 N1 nodes and study group with at least 15 N1 nodes.

The primary outcome was the 5-year overall survival (OS) after radical gastrectomy. The secondary outcomes, including length of stay, postoperative complications and 5-year disease-free survival (DFS), were also explored in such cohort. Comparisons between study group and control group were further performed using subgroup analysis of tumor stage. In addition, the optimum number of harvested LNs in N1 stations for prognostic significance was calculated by a joinpoint trend analysis.

The OS time was calculated from the date of surgery to death from any cause. The DFS time was calculated from the date of surgery to confirmed recurrence, occurrence of a new primary cancer or cancer-related death. The last follow-up date was December 31, 2017.

Statistical analysis

Descriptive statistics were employed to present demographic characteristics and oncologic outcomes. Data were expressed as mean \pm standard deviation (SD) if not indicated otherwise. Survival analysis was performed using the Kaplan-Meier method and compared with the log-rank test. Student *t* test and Mann-Whitney *U* test were employed for continuous variables, whereas Fisher's exact test and χ^2 test were used for categorical variables. Joinpoint trend analysis by using median survival at various numbers of LNs retrieved in N1 stations as a dependent variable was performed to identify an optimal number of N1 nodes. A multivariate analysis with cox-regression method was appended to explore risk factors affecting long-term outcomes. All analyses were performed using IBM® SPSS® Statistics (Ver. 23.0; Chicago, IL). Two-tailed tests were used, with *P* values < 0.05 considered statistically significant.

Results

Within the study period, 2034 GC patients were first selected from our database. Among those, 205 patients with unresectable tumor were removed, with additional 826 patients excluded based on the exclusion criteria. In sum, 1003 GC patients were included for the final analysis. The flowchart of patient selection and study design is shown in Figure 1. Of those included, the median age was 58 (range, 14-85) years, with a majority of male patients joined (66.1%). The median follow-up period of this cohort was 47 (range, 15-150) months, with 9% of missing follow-up data recorded. Specifically, 635 (63.3%) patients were assigned to study group, with the rest into control group. The observed mortality rate of this cohort was 16.0% and 46.4% at 1 and 5 years, respectively.

Demographics and tumor features of included subjects are presented in Table 1. General information and baseline characteristics, such as gender, BMI, comorbidity, histology and surgical procedure, were comparable between both groups ($P > 0.05$). However, tumor

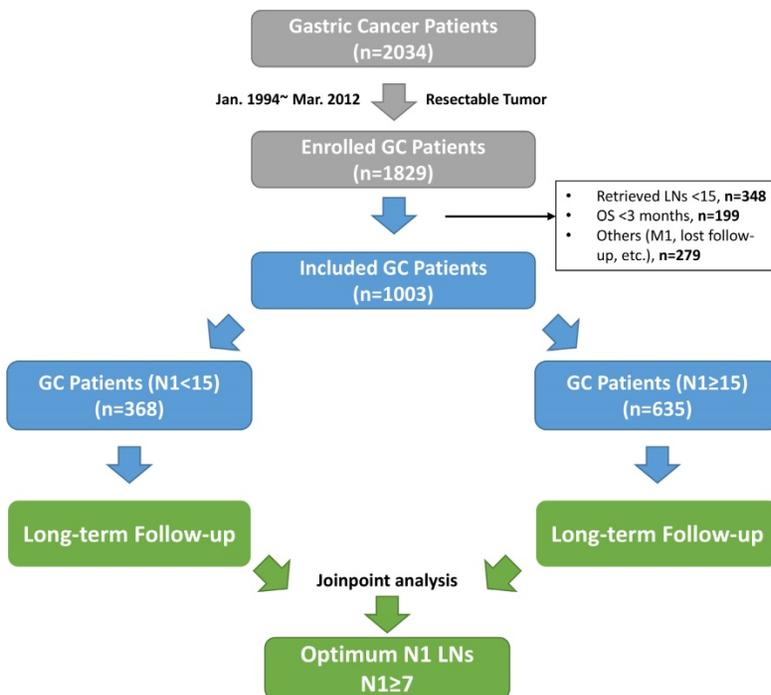


Figure 1. The flow chart of this study. Abbreviations: GC, gastric cancer; LNs, lymph nodes; OS, overall survival; M1, synchronized tumor isolated outside of stomach; N1 stations, the first-tier lymph node stations (No. 1-6 stations).

location ($P=0.007$), number of retrieved and positive LNs ($P<0.001$), and pathological stage ($P<0.001$) were significantly different between two groups.

Lymph nodes dissection and retrieval

In the current cohort, 95.3% of subjects received at least D2 lymphadenectomy during radical gastrectomy, with only 47 (4.7%) patients undergoing D1 lymphadenectomy due to early tumor stage. The median number of harvested LNs was 29 (range, 15-150), with median value of 3 (range, 0-82) for positive LNs. The frequency distributions of LNs retrieval across entire cohort are summarized in Figure 2. Additionally, the median number of N1 nodes retrieval for all patients was 17 (range, 0-75), with median value of 2 (range, 0-74) for N1 nodal metastasis. The number of retrieved N1 nodes in study group was twice more than control group [median, 22 (range, 15-75) vs. 10 (range, 0-14); $P<0.001$], with similar finding for positive N1 nodes [median, 3 (range, 0-74) vs. 1 (range, 0-29); $P<0.001$]. However, the number of isolated LNs in N2 stations was identical in both groups [median, 8 (range, 0-49) vs 8 (range, 0-32); $P=0.077$]. Of note, 353 (35.2%) patients underwent curative surgery 10 years ago, with the rest receiving such operation in recent 10 years. The comparisons between those in two different time periods showed that the number of LNs retrieval was significantly increased in total (mean, 30.7 ± 14.8 vs. 33.1 ± 13.8 ; $P=0.012$) and N2 stations (mean, 7.9 ± 5.9 vs. 10.3 ± 7.5 ; $P<0.001$), but a little improved in N1 stations (mean, 19.6 ± 11.1 vs. 18.6 ± 9.7 ; $P=0.133$). However, the number of positive LNs retrieval was not significantly different between before and after the decade.

A correlated analysis indicated that total gastrectomy was associated with more LNs harvested in total ($P=0.032$) and N1 stations ($P=0.025$) both than subtotal gastrectomy along with D2 lymphadenectomy. More importantly, additional analyses suggested that total harvested number of LNs was strongly associated with isolated number of positive LNs and perigastric LNs, respectively (Figure 3). Meanwhile, increasing retrieval of N1 nodes was also associated with an increased number of metastatic nodes in such region ($r=0.434$, $P=0.463$).

Primary and secondary outcomes

Laparoscopic surgery was performed in 126 (12.6%) patients, with pT1 stage confirmed in most of cases. Intraoperative conversion from laparoscopic to open gastrectomy was not observed. The median length of stay after surgery was 13 (range, 7-117) days. The in-hospital mortality could not be evaluated due to the exclusion criteria. Within 30 days of

postoperative observation, 235 (23.4%) patients developed various degrees of complications, with detailed results summarized in Table 2. Briefly, the incidence of postoperative complications was relatively increased in study group compared with control group, with no significant difference found (24.7% vs. 21.2%, $P=0.216$). Besides, the rate of intraoperative transfusion was slightly increased (39.7% vs. 36.1%, $P=0.593$), similarly as for the operative time ($P=0.693$).

Table 1. Demographic and baseline characteristics of patients with gastric cancer

Parameter	The Pooled group ($\sum n \geq 15$) (n=1003)	Study group ($\sum N1 \geq 15$) (n=635)	Control group ($\sum N1 < 15$) (n=368)	P value
Age, yrs	56.6±12.3	56.6±12.0	56.6±12.8	0.931
≤65	741 (73.9)	475 (74.8)	266 (72.3)	0.421
>65	262 (26.1)	160 (25.2)	102 (27.7)	
Gender, Male:Female	663:340	422:213	241:127	0.782
BMI, kg/m ²	21.6±3.3	21.5±3.4	21.7±3.1	0.638
Comorbidity (yes), n (%)				
HTN	260 (24.8)	152 (23.9)	98 (26.6)	0.364
DM	115 (11.5)	65 (10.2)	50 (13.6)	0.123
Smoke (yes), n (%)	283 (28.2)	183 (28.8)	100 (27.1)	0.611
Alcohol abuse (yes), n (%)	190 (18.9)	123 (19.4)	67 (18.2)	0.677
ASA, n (%)				0.325
I+II	754 (75.2)	484 (76.2)	270 (73.4)	
III+IV	249 (24.8)	151 (23.8)	98 (26.6)	
Albumin level, g/dL	38.8±6.4	38.5±6.9	39.3±5.5	0.057
Tumor Location, n (%)				0.007
Upper 1/3	347 (34.6)	225 (35.4)	122 (33.1)	
Middle 1/3	279 (27.8)	193 (30.4)	86 (23.4)	
Lower 1/3	377 (37.6)	217 (34.2)	160 (43.5)	
Type of Anastomosis, n (%)				0.629
Billroth I	34 (3.4)	23 (3.6)	11 (3.0)	
Billroth II	340 (33.9)	209 (32.9)	131 (35.6)	
Roux-en-Y	629 (62.7)	403 (63.5)	226 (61.4)	
Lymphadenectomy, n (%)				0.800
D1	47 (4.7)	28 (4.4)	19 (5.2)	
D2	784 (78.2)	500 (78.8)	284 (77.1)	
D2 plus*	172 (17.1)	107 (16.8)	65 (17.7)	
Depth of invasion, n (%)				0.377
pT0-1	157 (15.6)	97 (15.3)	60 (16.3)	
pT2	103 (10.3)	58 (9.1)	45 (12.2)	
pT3	553 (55.1)	360 (56.7)	193 (52.5)	
pT4	190 (19.0)	120 (18.9)	70 (19.0)	
Number of LNs retrieval, n	32.2±14.2	37.2±14.7	23.6±8.0	<0.001
N1 stations	18.9±10.2	24.3±8.7	9.5±3.6	<0.001
N2 stations	9.4±7.0	9.7±7.6	8.9±5.9	0.077
N2 plus stations	1.7±3.9	1.8±4.3	1.6±3.1	0.352
Number of Positive LNs, n	7.3±11.1	8.9±12.8	4.7±6.3	<0.001
Histopathological type, n (%)				0.149
Well diff.	81 (8.1)	55 (8.7)	26 (7.1)	
Moderate diff.	347 (34.6)	206 (32.4)	141 (38.3)	
Poor diff.	575 (57.3)	374 (58.9)	201 (54.6)	
pTNM Stage, n (%)				<0.001
I	187 (18.6)	100 (15.7)	87 (23.6)	
II	425 (42.4)	263 (41.4)	162 (44.0)	
III	391 (39.0)	272 (42.9)	119 (32.4)	

Patients were divided into study group and control group according to the number of N1 station retrieval (cutoff value, 15). Data present with mean±SD or number (percentage of column). Abbreviations: BMI, body mass index; HTN, hypertension; DM, diabetes mellitus; ASA, American society of anesthesia; diff., differentiation. * D2 plus means extended lymphadenectomy beyond D2 stations during radical gastrectomy.

Table 2. The short-term outcomes after a definitive operation for gastric cancer

Parameter	The Pooled (n=1003)	Study group (n=635)	Control group (n=368)	P value
Intraoper. transfusion, n (%)				0.593
None	618 (61.6)	383 (60.3)	235 (63.9)	
<500 mL	177 (17.6)	116 (18.3)	61 (16.6)	
500-1000 mL	166 (16.6)	107 (16.9)	59 (16.0)	
>1000 mL	42 (4.2)	29 (4.6)	13 (3.5)	
Operative time, min	282±77	283±78	281±76	0.693
LOS, day	25.0±10.1	25.1±10.5	24.6±9.5	0.486
LOPS, day	15.0±8.7	15.1±9.2	14.7±7.8	0.493
Postoper. complications (yes), n (%)	235 (23.4)	157 (24.7)	78 (21.2)	0.216
Pyrexia	105 (10.5)	72 (11.3)	33 (9.0)	
SSI	58 (5.8)	38 (6.0)	20 (5.4)	
Bowel obstruction/ileus	34 (3.4)	22 (3.5)	12 (3.3)	
Anastomotic leak	25 (2.5)	16 (2.5)	9 (2.4)	
IAH	17 (1.7)	11 (1.7)	6 (1.6)	
Others	25 (2.5)	16 (2.5)	9 (2.4)	

Abbreviations: Intraoper., intraoperative; Postoper., postoperative; LOS, length of stay; LOPS, length of postoperative stay; SSI, surgical site infection; IAH, intra-abdominal hemorrhage. Others include several rare complications, such as dumping syndrome, digestive fluid reflux, persistent vomiting and diarrhea.

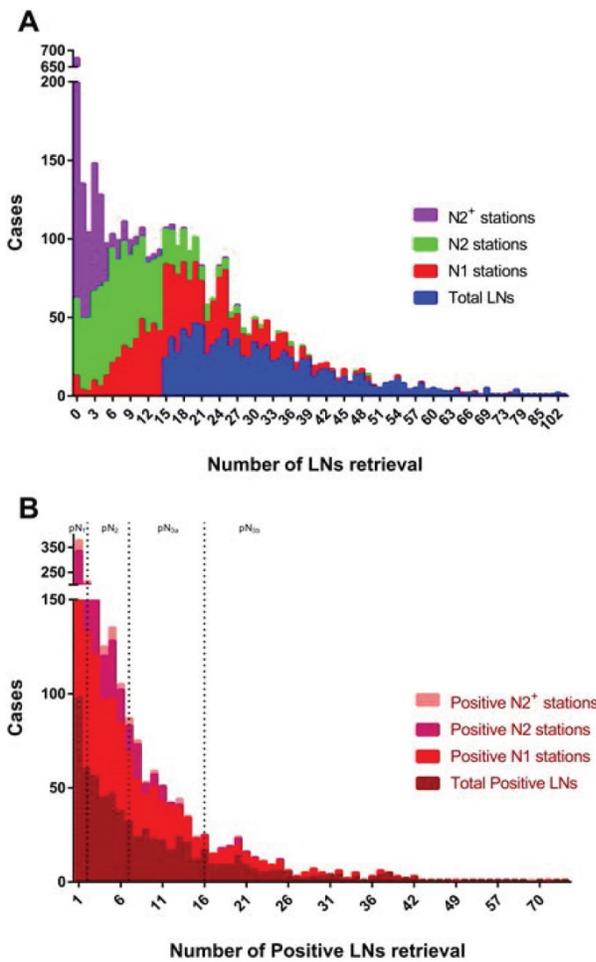


Figure 2. The frequency distributions of lymph nodes retrieval. Cases with less than 15 LNs retrieved in total were excluded from this study. Right-skewed distribution is observed in either number of LNs retrieval (A) or positive LNs retrieval (B). N2 stations include No. 7-12 stations, with N2+ stations including No. 13 station and above stations. pN1 stage presents with 1~2 positive LNs retrieved in all stations, with pN2 for 3~7 positive LNs, pN3a for 8~16 positive LNs and pN3b for at least 17 positive LNs.

Neoadjuvant chemotherapy was not recorded in this cohort. Adjuvant chemotherapy, mainly applied with SOX regimen, was selectively performed in 641 (63.9%) patients with pathological stage IIB and above. No severe adverse event associated with chemotherapy was observed. Within available follow-up period, the OS rate was 38.5%, as all stages taken together. The median survival time across the entire cohort was 79.0 (95% CI, 60.0-98.0) months, calculated as 79.0 months for the study group and 72.0 months for the control group. The actual 5-year OS rate was similar between two groups for all stages (41.0% vs. 39.2%, $P=0.463$). However, by further stage-by-stage analysis, the actual 5-year OS rates for stage IB (94.0% vs. 85.4%, $P=0.021$), IIA (70.8% vs. 76.5%, $P=0.026$), IIB (61.6% vs. 50.8%, $P=0.007$), IIIA (36.5% vs. 21.5%, $P=0.019$) and IIIC (19.3% vs. 10.9%, $P=0.007$) were significantly different between groups (Figure 4). The findings suggested that patients with at least 15 LNs harvested in N1 station almost had a better long-term survival, with except for those with stage IA and IIA.

Similar finding was observed for the actual 5-year DFS. Briefly, the overall recurrence rate was 5.5% (55/1003) within the first five years of follow-up period, with no recurrence occurred in patients with stage IA or IB. The actual 5-year DFS rate was 84.4% in the study group and 65.6% in the control group for patients with stage IIA, 77.4% and 62.3% for stage IIB, 59.5% and 52.7% for stage IIIA, 51.2% and 46.4% for stage IIIB, and 32.6% and 29.5% for stage IIIC, respectively. A comparative analysis of the DFS indicated survival significance only emerged in stage II cancer.

Jointpoint and multivariate analyses

A jointpoint trend analysis of median survival found two major jointpoints to maintain survival benefit: 7 and 15 N1 nodes, respectively (Figure 5). Specifically, the jointpoint model of overall survival became insignificant after the first jointpoint, which indicated that at least 7 N1 nodes retrieval would achieve an optimal long-term survival ($P=0.036$). After that, similar median survival time was obtained along with increasing amount of N1 nodes until reaching up to 15 nodes. Corresponding Kaplan-Meier analysis by using stage-by-stage comparison demonstrated an overall survival significance under at least 7 N1 nodes examined ($P=0.003$). At last, a multivariate analysis, which employed gender, age (>65 years), BMI (>18.0 kg/m²), tumor location, tumor stage (>IIA), pathologic grade, and amount of N1 nodes retrieval (≥ 15) to predict survival benefit, indicated that the male ($P=0.016$), advanced stage ($P=0.028$) and less than 15 N1 nodes retrieval ($P=0.042$) were independent risk factors of poor survival.

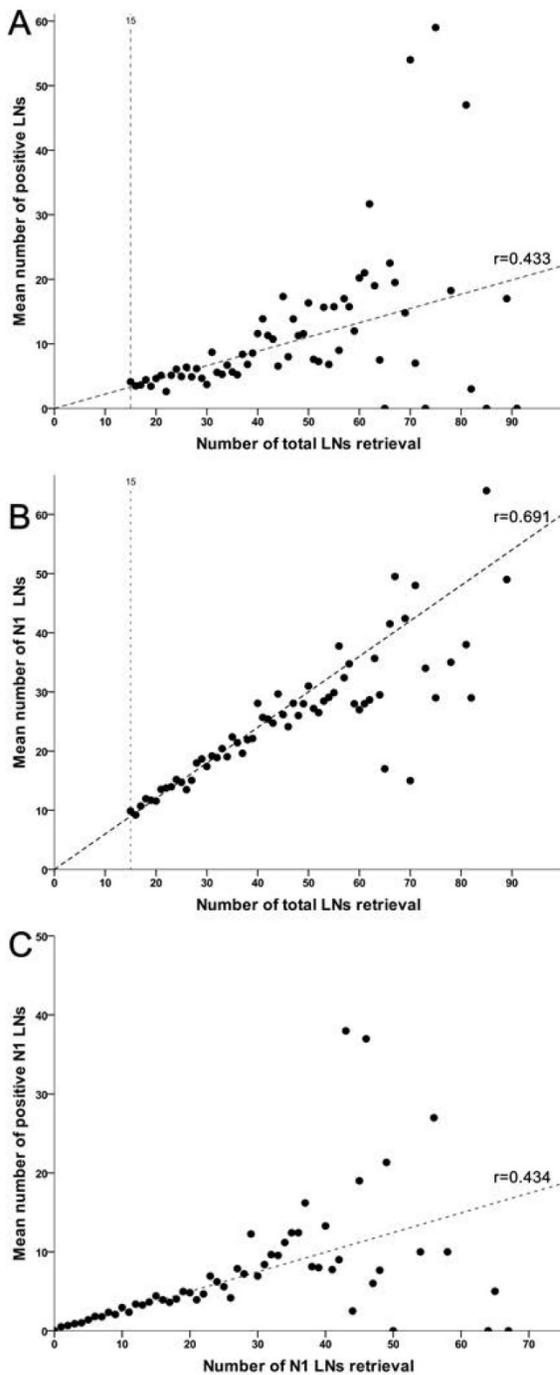


Figure 3. Linear correlations among levels of lymph nodes retrieval. (A) The number of LNs retrieved in total is correlated with the number of metastatic LNs across entire cohort ($r=0.433$, $P=0.019$). (B) The total number of LNs retrieval is strongly associated with the number of LNs retrieved in N1 stations ($r=0.691$, $P<0.001$). (C) The number of LNs retrieved in N1 stations is also correlated with the number of involved LNs in perigastric region ($r=0.434$, $P=0.014$).

Discussion

In this study, the results suggested that the harvested number of perigastric LNs was positively correlated with tumor location and tumor stage, but not related to extension of lymphadenectomy or

time-period of surgery. More importantly, the findings confirmed that lymphadenectomy with at least 15 perigastric nodes retrieval could earn improved survival, especially for stage IIB and above cancer. Finally, a joinpoint trend analysis indicated an optimal count of 7 LNs retrieval in N1 stations would achieve long-term survival significance in the current cohort.

The novelties of this study were threefold. First, a specific investigation of survival benefits for increasing number of perigastric LNs retrieval was performed with a large sample size and strict selection criteria. All cases with at least 15 harvested LNs by our surgeons could be qualified to enroll for the survival analysis. Second, the association between perigastric LNs dissection and pathological tumor stage, especially for nodal category, was explored with several correlation analyses. Our results indicated that the quantity of perigastric LNs retrieval could directly reflect metastatic number of LNs in N1 stations and total number of LNs in all regions. The confirmed relationship indicated that using perigastric LNs amount to simply evaluate the prognosis of GC would be practicable and reasonable in advance of available pathological staging. Third, a joinpoint trend analysis was successfully applied based on the large sample size, and provided two optimal cut-off values for increasing perigastric LNs retrieval to achieve survival significance for GC patients. The findings from such trend analysis indirectly suggested a rational value on the harvest of perigastric LNs when dissecting nodes from the specimen.

LN metastasis is one of the strongest predictors of poor prognosis in GC, with the anatomic and numerical extent of nodal dissection prognostic of oncologic outcomes [13]. Nodal-positive GC usually indicates a regional spread of cancer cells and increased risk of recurrence, as compared to nodal-negative disease. In most western GC centers, LNs are retrieved by experienced pathologists after surgery [14], whereas in our center, LNs are dissected by qualified surgical trainees in the theater within 30 minutes once the specimen isolated from the abdomen. It has shown that an immediate LN retrieval by surgeons is associated with markedly increased number of both total and perigastric LNs compared with that by pathologists [15].

In the last two decades, numerous studies have confirmed the role of adequate number and dissection regions of LNs retrieval in proper N staging and planning appropriate GC treatment regimens [11, 16-20]. Generally, incremental number of LNs retrieval is directly correlated with improved survival, and inadequate lymphadenectomy or nodal

retrieval is implicated in understaging of nodal disease [21]. Recently, a large international retrospective study, which combined the Surveillance, Epidemiology, and End Results program database and a single-center database for long-term survival evaluation, has shown that the maximal survival advantage could be obtained by performing the lymphadenectomy with at least 29 removed LNs [13].

In clinical practice, 29 nodes retrieval is not challenging, since the reported average amount of harvested LNs has ranged from 33 to 47 by many well-conducted trials of radical gastrectomy in China, Italy, Japan and South Korea [22-26]. Unfortunately, the minimal requirement for harvested number of perigastric LNs is rarely reported, with no guideline mentioned such requirement yet.

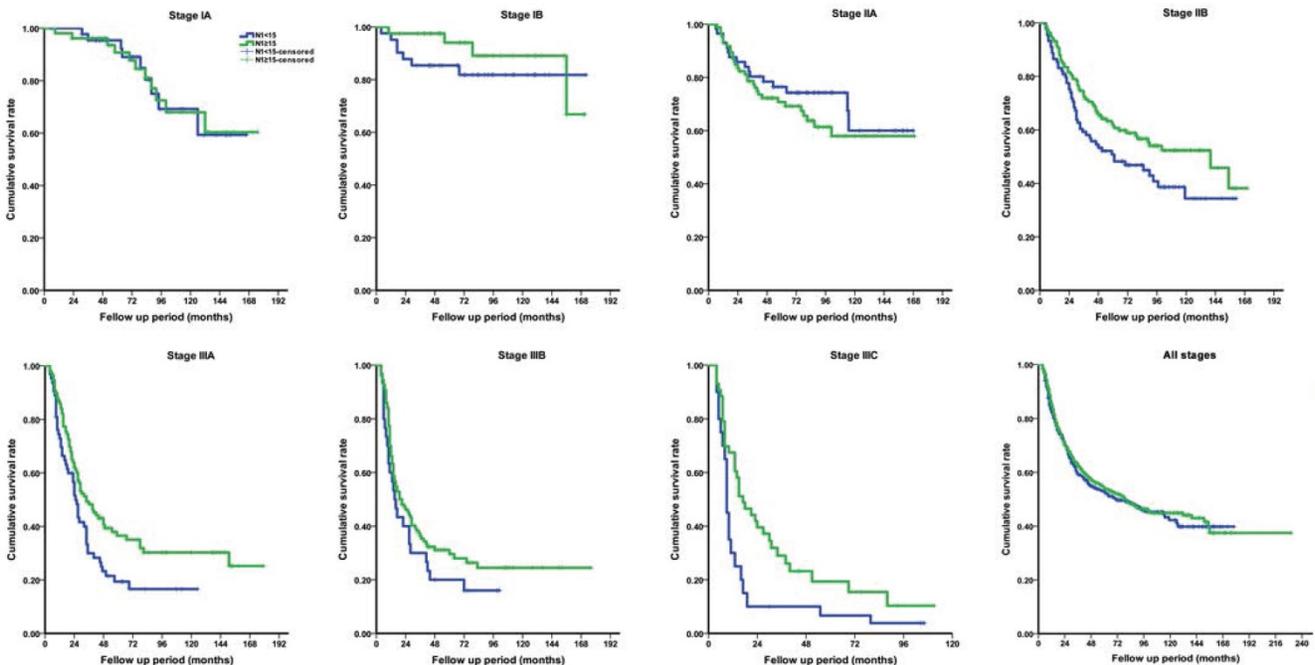


Figure 4. Comparison of long-term overall survival rate between study group ($NI \geq 15$) and control group ($NI < 15$) according to pathological stage. (A) stage IA; (B) stage IB; (C) stage IIA; (D) stage IIB; (E) stage IIIA; (F) stage IIIB; (G) stage IIIC; (H) all stages.

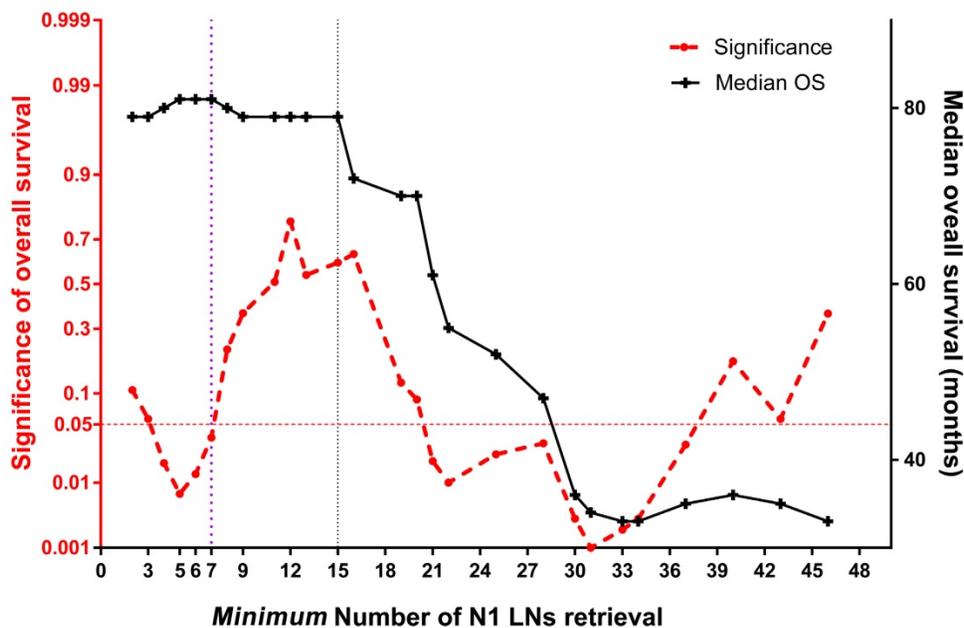


Figure 5. The jointpoint trend analysis for median survival at each count of perigastric LNs retrieval. The red dotted line below 0.05 at left Y-axis indicates survival significance in the current cohort; the black line indicates the median overall survival (right Y-axis), which slopes down at 7 and 15 X-axis, respectively.

It is well recognized that anatomical location of metastatic LNs is an indispensable prognostic factor for GC patients [27, 28]. The presence of metastases in regional LNs is related to perigastric tumor deposits, advanced tumor size and invasion depth [29, 30]. Several studies have suggested that the metastatic number of N1 nodes can be regarded as a simple parameter for predicting long-term survival [31], with more than three positive nodes considered as poor prognosis [19, 20, 32]. To our knowledge, the number of N1 nodes retrieval is more convenient than that of metastatic N1 nodes retrieval to evaluate nodal status and quality of lymphadenectomy, especially in advance of available pathological N staging. Perigastric LNs may act as a line of defense to prevent metastases to extraperigastric LNs, with a limited bypassing nodal metastasis [33]. Our study, which focused on the amount of perigastric LNs retrieval rather than metastatic involvement in regional LNs, have confirmed their strong correlations and provided a clue that incremental number of harvested N1 nodes remains survival benefits until the count of 15 nodes.

In this study, additional joinpoint trend analysis using each count of perigastric LN retrieval was performed to confirm an optimal harvested number for a survival significance. Although two joinpoints were revealed, only at least seven nodes retrieved in N1 stations was associated with survival significance. Unfortunately, subdivided groups separated by seven N1 nodes were distinctly unbalanced, with only 70 (7.0%) patients included in the control group. As a result, the statistical power of survival analysis under such cut-off level of nodal retrieval would be depressed in some way. In clinical practice, harvest of at least 15 N1 nodes would rather be suggested since the median survival time started to decline after such joinpoint (Figure 5). To our best knowledge, this is the first time that a detailed quantitative comparison of perigastric LNs is made for long-term survival outcome of GC patients.

This study had several limitations, which should be mentioned. First, this single-center retrospective study, which included subjects within a huge range of time scales, would have heterogeneous quality control of lymphadenectomy or pathological technique. Therefore, tumor stage migration, especially for N category, might be unavoidable in certain times. Second, the impact of adjuvant chemotherapy on LNs retrieval or overall survival was not evaluated for this cohort. Such treatment may conceal survival significance of specific number of nodal retrieval in the perigastric region. Last, as a result from a large distributed study period, the applied tumor staging and surgical strategies were hardly unified in comparison with a prospective study. It is believed

that more available data from well-designed studies with large-scale would further confirm a proper number of perigastric LNs retrieval.

Conclusion

Lymphadenectomy with adequate harvest of perigastric lymph nodes is essential for resectable gastric cancer. Our work for the first time explored the role of perigastric nodal retrieval in predicting long-term outcomes. It suggests that at least 7-15 LNs should be retrieved or dissected from perigastric stations to achieve a better survival benefit. As a guide to clinical practice, *en bloc* resection combined with high-quality LN harvest and precise station mark should be more emphasized to get the best oncologic outcomes.

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Competing Interests

The authors have declared that no competing interest exists.

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