

**Research Paper** 



# MicroRNA-204-5p inhibits invasion and metastasis of laryngeal squamous cell carcinoma by suppressing forkhead box C1

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#### Abstract

**Background and aim:** Understanding the molecular biological mechanisms underlying laryngeal squamous cell carcinoma (LSCC) invasion and metastasis is crucial for diagnosis, treatment, and prognosis. We aimed to examine the expression of the tumor suppressor microRNA-204-5p (miR-204-5p) and its target gene, forkhead box C1 (FOXC1), in human LSCC and explore their roles in the malignant behaviors of LSCC Hep-2 and TU-177 cells.

**Methods:** The regulatory effects of miR-204-5p on the 3' untranslated region of FOXC1 predicted by bioinformatics were tested by dual-luciferase reporter assay. Quantitative RT-PCR was used to detect mRNA expression in 43 fresh samples of LSCC and corresponding adjacent normal mucosa (ANM). FOXC1 protein expression was examined by immunohistochemistry. miR-204-5p mimics and FOXC1 siRNA were transfected into LSCC cell lines Hep-2 and TU-177 to observe malignant behavior. miR-204-5p mimics were injected into Hep-2 or TU-177 xenograft tumors in nude mice to examine tumor growth.

**Results:** The miR-204-5p mRNA level was lower in all 43 LSCC samples than in the ANM samples, but the FOXC1 level was higher in the LSCC samples than in the ANM samples. The miR-204-5p level was lower for stage III and IV cancer and lymph node N+ status samples than for stage I and II cancer and N0 status samples. FOXC1 mRNA and protein levels were higher for N+ than for N0 LSCC. The miR-204-5p mRNA levels were lower in Hep-2 and TU-177 cells than in ANM tissues, but FOXC1 mRNA levels were higher in Hep-2 and TU-177 cells than in ANM tissues. Dual-luciferase reporter assays demonstrated the targeted regulatory effects of miR-204-5p on the FOXC1 3' UTR. Cell proliferation and colony formation was facilitated with miR-204-5p mimics and FOXC1 siRNA, with weaker cell migration and invasion than the controls. Moreover, miR-204-5p overexpression or FOXC1 knockdown inhibited the EMT process in LSCC cells. In vivo experiments demonstrated that injection of miR-204-5p into Hep-2 and TU-177 xenograft tumors in nude mice significantly inhibited tumor growth.

**Conclusions:** miR-204-5p is involved in the invasion and metastasis of LSCC. It has a targeted regulatory effect on FOXC1 expression; malignant LSCC behaviors, including cell proliferation, invasion, and metastasis, are suppressed, and tumor growth *in vivo* is inhibited. This suggests that miR-204-5p may be a target for molecular therapy of LSCC in the future.

Key words: hsa-miR-204-5p, FOXC1, laryngeal squamous cell carcinoma, invasion, metastasis

# Introduction

Head and neck squamous cell carcinoma (SCC) is the sixth most common cancer worldwide [1]. Laryngeal SCC (LSCC) originates from the laryngeal mucosa epithelium and is the second most common head and neck SCC [2]. Recently, the worldwide incidence of LSCC has slightly increased, with an upward trend among younger populations [3-6]. In northern China, including Shanxi Province, the incidence of LSCC is high <sup>[7, 8]</sup>. Given the anatomical structure of the larynx and its rich submucosal lymphatic structures, LSCC exhibits malignant biological behaviors, including local invasion and cervical lymph node metastasis [9], that are important risk factors for recurrence and poor prognosis [10]. Over the past 3 decades, the 5-year survival rate for LSCC has not markedly improved [4-6]. Investigating the molecular biological mechanisms underlying LSCC invasion and metastasis is crucial to the diagnosis, treatment, and prognosis of the disease [7].

MicroRNAs (miRNAs) are a class of recently discovered small endogenous non-coding singlestranded RNAs of approximately 22 nt. They exist in eukaryotes and can bind to the 3' untranslated region (3' UTR) of target mRNAs by degrading the mRNA or inhibiting translation. miRNAs are closely associated with tumor activity. They act as oncogenes or tumor suppressors and play important roles in tumor cell growth, proliferation, differentiation, apoptosis, the epithelial-mesenchymal transition (EMT), and stem cell differentiation <sup>[11-13]</sup>. For example, Let-7a <sup>[14, 15]</sup>, miR-7 <sup>[16]</sup>, miR-21<sup>[17, 18]</sup>, miR-31 <sup>[19]</sup>, miR-133a <sup>[20]</sup>, miR-137 <sup>[21]</sup>, miR-138 <sup>[22]</sup>, miR-218 <sup>[23]</sup>, miR-148a <sup>[24]</sup>, and miR-489 <sup>[25]</sup>, among others, play essential roles in tumor development.

Thousands of miRNAs have been identified, but their molecular biological functions and related mechanisms in LSCC development remain unknown. miRNAs show a tissue-specific distribution <sup>[11]</sup>; miRNA microarray is an important method for screening differential miRNAs. Our pilot experiments with Agilent human miRNA Microarray 19.0 showed that miR-204-5p expression was significantly lower in LSCC compared to adjacent normal mucosa (ANM) tissue <sup>[26]</sup>. These findings were consistent with other gene chip results <sup>[27-30]</sup>. A few studies have shown that miR-204-5p can inhibit tumor cell proliferation, migration, invasion, and metastasis <sup>[28-33]</sup>, suggesting it may be a tumor suppressor in LSCC.

Our bioinformatics analysis revealed that the 3' UTR of the transcription factor Forkhead box C1 (FOXC1) contains two binding sites for miR-204-5p. Proteins in the FOX family act as nuclear transcription factors and are widely involved in tumor cell proliferation, differentiation, apoptosis, metastasis, metabolism, and other biological processes <sup>[34]</sup>. FOXC1 might be a risk factor for LSCC <sup>[35]</sup>. FOXC1 can promote cancer cell proliferation, migration, and invasion and may play an important role in EMT <sup>[36-39]</sup>. However, the biological role of FOXC1 in LSCC remains unexplored.

We hypothesized that miR-204-5p might play an important role in LSCC invasion and metastasis by regulating FOXC1. To test this hypothesis, we compared transcription levels in 43 LSCC and corresponding ANM samples, examined FOXC1 protein expression in LSCC and analyzed the association of LSCC clinical pathology parameters with miR-204-5p and FOXC1 expression. The regulatory effect of miR-204-5p on FOXC1 was verified by dual-luciferase reporter assay. We examined the proliferation, colony formation, migration, and invasion of LSCC cell lines Hep-2 and TU-177 using gene transfection to restore miR-204-5p expression. Finally, we assessed the effect of miR-204-5p on tumor growth in a nude mouse xenograft model. These findings may provide a theoretical basis for the development of molecular targeted therapy for LSCC.

# **Materials and Methods**

# **Ethics statement**

The study was approved by the medical ethics committee of Shanxi Medical University and complied with the Declaration of Helsinki. Informed consent per institutional guidelines was obtained from all patients who agreed to participate in this study.

# Clinical samples and patient population

We obtained 43 frozen LSCC and paired patients corresponding ANM tissues from undergoing surgery at the Department of Otolaryngology Head and Neck Surgery of The First Hospital Affiliated with Shanxi Medical University. LSCC was diagnosed by histology and was untreated by radiotherapy or chemotherapy. ANM tissues were isolated from surgical excision specimens at least 1 cm from the neoplastic edge. The fresh specimens were divided into 2 samples: 1 was placed in liquid nitrogen for quantitative RT-PCR (qRT-PCR), and the other was embedded in paraffin for hematoxylin and eosin staining to confirm the diagnosis of LSCC and ANM. Staging followed the Tumor, Node, Metastasis (TNM) staging system of the Union for International Cancer Control (UICC, 2010). The histological types of LSCC were determined by the World Health Organization (WHO) system. A summary of the study population and clinicopathological variables is shown in Table 1.

 
 Table 1. Demographics and clinical features of 43 patients with laryngeal squamous cell carcinomas.

Parameter	No. (%)
Age, years (range 45-73)	
>59	24 (55.8)
≤59	19 (44.2)
Gender	
Male	39 (90.7)
Female	4 (9.3)
Cancer differentiation	
Well	18 (41.9)
Moderate or poor	25 (58.1)
Tumor stage	
T1+T2	25 (58.1)
T3+T4	18 (41.90)
Cervical lymph node status	
N0	24 (55.8)
N+	19 (44.2)
Clinical stage	
I + II	14 (32.6)
III + IV	29 (67.4)
Tumor site	
Supraglottis + subglottis	16 (37.2)
Glottis	27 (62.8)

#### **Cell culture and transfection**

The human laryngeal cancer cell lines Hep-2 (China Center for Type Culture Collection, Wuhan, China) and TU-177 (Bioleaf Biotech Co., Shanghai, China) were maintained in RPMI-1640 or DMEM/F12 (1:1) containing 10% heat-inactivated fetal bovine serum (Biological Industries, CT, USA), 100 U/mL penicillin, and 0.1 mg/mL streptomycin in a humidified atmosphere of 5% CO<sub>2</sub> and 95% air at  $37^{\circ}$ C.

### siRNA and miRNA mimics transfection

siRNA targeting FOXC1 (FOXC1-siRNA) and negative control siRNA (NC) were designed and manufactured by Genechem Co. (Shanghai, China). The siRNA sequences are shown in Table S1. Cells were transiently transfected with the hsa-miR-204-5p mimic (UUCCCUUUGUCAUCCUAUGCCU) or negative control mimic (NC) (UUUGUACUACACAA AAGUACUG) (RiboBio Co., Guangzhou, China) or with FOXC1-siRNA or NC siRNA. Briefly, cells were seeded in 6-well plates 24 h before transfection and were transiently transfected at 30% to 40% confluency. The transfection was conducted using Lipofectamine RNAi MAX Transfection Reagent (Invitrogen, Carlsbad, CA, USA) following manufacturer's instructions.

# Purification of total RNA and qRT-PCR (qPCR)

Total RNA was purified from frozen tissues or cells using TRIzol (Invitrogen). The miRNA-specific or mRNA reverse transcription was performed using the miRNA first-strand cDNA synthesis kit (BLKW Biotechnology Co., Beijing, China) or the ReverTra Ace qPCR RT Kit (TOYOBO, Shanghai, China) with 1 µg total RNA. PCR amplification was performed using the SYBR Green Realtime PCR Master Mix (TOYOBO) with the ABI PRISM 7500 Sequence Detection System (Applied Biosystems, CA, USA). The cycling conditions included a 5-min initial denaturation at 95°C, followed by 40 cycles at 95°C for 15 s, 60°C for 15 s, and 72°C for 32 s. The stem-loop primer sequence for hsa-miR-204-5p was 5'-ACACTC CAGCTGGGTTCCCTTTGTCATCCTAT-3'; the reverse primer for hsa-miR-204-5p was 5'-CTCAACTGGT GTCGTGGA -3' (72 bp). The following qPCR primers for FOXC1 were used: forward, 5'-CATTTTGGTCT AGGGTGGTTTC-3'; reverse, 5'-TCTGATTGGCAG GGCAGAT -3' (156 bp). The primer sequences for internal controls U6 and 18S RNA were described previously [40, 41]. All reactions were performed in triplicate, and the experiment was repeated 3 times. The relative expression of hsa-miR-204-5p and FOXC1 was analyzed using the  $2^{-\Delta\Delta CT}$  method [42].

# Antibodies and immunohistochemistry staining

Paraffin sections were deparaffinized and dehydrated in a graded series of ethanol solutions. Samples were processed in an autoclave for 2 min and 10 sec with EDTA, pH 9.0, for FOXC1 antigen retrieval. Endogenous peroxidase activity was blocked by immersing tissue sections in 3% H<sub>2</sub>O<sub>2</sub> in methanol (v/v) at room temperature for 10 min and washed with phosphate buffered saline (PBS). Nonspecific background staining was reduced by incubating sections with normal nonimmune serum (Boster Co., Wuhan, China) for 15 min at room temperature. The sections in a moist chamber were incubated overnight at 4°C with the FOXC1 antibody (ab97742, 1:150) (Abcam, Cambridge, UK) and washed 3 times with PBST for 5 min each. Sections were incubated with the secondary antibody from the Super Vision (SV) HRP-Polymer anti-Goat IHC kit (Boster Co., Wuhan, China) for 15 min at room temperature and washed 3 times for 5 min with PBST. The DAB substrate detection system was used (Boster Co.). Counterstaining was performed using hematoxylin, and sections were dehydrated and mounted with coverslips.

# Evaluation and scoring of immunohistochemistry

The FOXC1 expression was semiguantitatively scored using a mean EI (E×I) score, which combined the extent (E) of staining (percentage of positive tumor cells) with the staining intensity (I, unequivocally positive immunohistochemical staining of tumor cells). Extent (E) was graded on a scale from 0 to 3: 0 = negative, 1 = 1-30%, 2 = 31-60%, 3 > 60%. Intensity (I) was graded on a scale of 0-3: 0 = none, 1 =weak staining, 2 = moderate staining, 3 = strongstaining. The mean EI score (varying from 0 to 9) was calculated for each LSCC specimen. EI scores of 0-3 were considered low expression, and scores > 3 were considered high expression. Each immunohistochemically stained section was independently evaluated by two pathologists, with agreement reached by consensus. The slides were coded, and evaluators remained unaware of the code to avoid observer bias. To determine the expression pattern, at least 10 high-power fields (40×10) and at least 100 cancer cells per field were randomly selected for microscopy. Non-small-cell lung cancer was selected as an appropriate positive control for FOXC1 [38]. Negative controls were generated by substituting the primary antibody with PBS.

## miRNA target prediction

TargetScan Human Release 7.1 (http://www.targetscan.org), the database miRDB (http://mirdb.org/miRDB/), and microRNA.org (http://www.microrna.org) were used to analyze the potential hsa-miR-204-5p binding site in the FOXC1 3' UTR.

# Luciferase assay

Luciferase assays were performed in 293T cells (ATCC, Manassas, VA, USA). The luciferase reporter plasmids were constructed using the psi-CHECK2 vector (Promega Biotech Co., Ltd, USA) with 3'UTR-FOXC1 or 3'UTR-mut-FOXC1-1/2/3 (Table S2). Cells were separately transfected or co-transfected with 50 nM hsa-miR-204-5p mimics and 0.5 µg plasmid. Cells were harvested and lysed for luciferase assays after transfection for 48 h. Luciferase activity was measured using the Dual-Luciferase Reporter Assay System (Promega, Madison, WI, USA). All experiments were performed in triplicate.

### Western blot analysis

Whole cell lysates were prepared using the Mammalian Protein Extraction Kit (Cwbiotech, Beijing, China). Protein concentrations were determined using the Bicinchoninic Acid (BCA) protein assay kit (Cwbiotech). Protein samples with 2× loading buffer (0.25 mol/L Tris-Cl, pH 6.8, 10% SDS, 0.5% bromophenol blue, and 50% glycerol) were boiled for 5 min, loaded into 10% Tris-HCl polyacrylamide gels (80 V, 60 min), and transferred to Immobilon-P Transfer Membranes (Millipore, Billerica, MA, USA). The membranes were blocked with 5% nonfat milk at 4°C overnight, incubated with goat polyclonal antibody for FOXC1 (ab97742, Abcam) overnight at 4°C, and incubated with horseradish peroxidase (HRP)-conjugated rabbit anti-goat IgG(H+L) (Southern Biotech, Birmingham, AL, USA) for 2 h at room temperature. Immunoreactive bands were detected and developed using the Immobilon Western Chemiluminescent HRP substrate (Millipore). HRP-conjugated GAPDH monoclonal antibody was used as the loading control (KangChen Bio-tech, Shanghai, China). Grayscale analysis was conducted with Quantity One 4.0 (Bio-Rad, Hercules, CA, USA). All experiments were performed in triplicate.

# Cell growth analysis

MTS and colony formation assays were used to evaluate cell growth. Briefly, cells undergoing digestion were seeded in 96-well plates at  $1 \times 10^5$ /ml and 100 µl/well. The CellTiter 96 AQueous One Solution Cell Proliferation Assay (Promega Biotech Co., USA) was performed after incubation for 0, 24, 48, and 72 h. After 4 h of incubation at 37°C with 5% CO<sub>2</sub>, absorption was measured at 490 nm with a Multiscan MK3 automatic ELISA reader (Thermo Fisher Scientific, Hudson, NH, USA). The growth rate was calculated as (OD-0 h OD/0 h OD)×100% and data were normalized by cell group. Each treatment was carried out in triplicate.

# **Colony formation assay**

Cells were seeded at 200 cells/well in 96-well plates, moved to the cell incubator for 7 days and stained with crystal violet. The number of colony-forming cells was calculated using the AID iSpot Reader (AID Diagnostika, GmbH, Germany). The colony formation rate was calculated as the number of colonies/number of seeded cells ×100%, and data were normalized by cell group. Each treatment was carried out in triplicate.

# Scratch assay

Lines at intervals of 0.5-1 cm were created in six-well plates using a marker pen. Each well had at least 5 lines. Cells, which were transfected for 12 h, were seeded onto plates at  $1 \times 10^{6}$ /well and allowed to adhere up to 60%-70% confluency, incubated with 5-20 µg/mL mitomycin (Sigma, MO, USA) for 1 h at

 $37^{\circ}$ C to inhibit cellular division, and washed with fresh serum-free medium 3 times. A straight line (i.e., "scratch") was created in the confluent cell monolayer using an aseptic 200-µL pipette tip, and cells were washed 3 times with fresh serum-free medium to clear cell debris and suspension cells. Fresh serum-free medium was added, and cells were allowed to migrate for 48 h to close the wound. Images were obtained at 0, 6, 24 and 48 h in the same position per the reference lines and at the same magnification. Each sample was performed in triplicate.

#### **Cell invasion assay**

Cells were transfected for 24 h and suspended in 100 µL serum-free medium. Then, 1×10<sup>5</sup> cells were seeded into the top chamber of a Matrigel-coated BD Falcon Cell Culture Insert, containing polyethylene terephthalate and 8-µm pores (BD Biosciences, San Jose, CA, USA), in a 24-well BD Falcon Companion TC Plate (BD Biosciences). The bottom chamber was filled with 600  $\mu L$  medium with 10% FBS as a chemoattractant. After incubation with 5% CO<sub>2</sub> at 37°C for 48 h, cells on the top surface of the chamber were carefully removed with a cotton swab, and cells on the bottom surface of the chamber were fixed with 4% paraformaldehyde, stained with crystal violet, and eluted with 33% acetic acid. Invasiveness was quantified by determination of OD<sub>570</sub> absorbance, and data were normalized by cell group. Each sample was tested in triplicate.

#### **Animal experiments**

Animal experimental procedures followed the Health Guide for the Care and Use of Laboratory Animals approved by the medical ethics committee of Shanxi Medical University. Six SPF-grade male BALB/C nude mice, aged 7 weeks, were purchased from SLRC Laboratory Animal Co. (Changsha, Hunan, China, certificate No. HNASLKJ20120391). SPF-grade mouse feed was purchased from Guangdong Medical Laboratory Animal Center (Certificate No. 0088859). The nude mice were maintained in the laboratory for 1 week and used for further experiments if no abnormal behaviors were observed. Mice were subcutaneously injected with 2×10<sup>5</sup> Hep-2 (3 mice) or TU-177 (3 mice) cells on the dorsal sides of the left and right thighs (0.1 ml/mouse). The tumor sizes were measured twice a week with calipers, and the volume was determined by long diameter × short diameter $^{2}/2^{[43]}$ . Once tumors were formed, mice were intratumorally injected with drugs as previously described [44-46]. Briefly, the left or right site was

injected with 10 nmol NC-agomir or miR-204-5p agomir (2'-O-methyl +5' cholesterol modification, GenePharma, Shanghai, China) with 0.1 mL Invivofectamine 2.0 (Invitrogen) once per week per site for 5 weeks; the mice were then killed. Tumor bodies were harvested, weighed, and photographed at the end of treatment.

## Statistical analysis

Statistical analysis was performed using SPSS v19.0 (SPSS Inc., Chicago, IL, USA). Pearson's chi-square or Fisher's exact tests were used to assess the association between the clinicopathological variables and immunohistochemical status. The association between the clinical and histopathological variables and FOXC1 immunohistochemical staining was investigated using the Mann-Whitney test. Correlations between the miR-204-5p level and FOXC1 mRNA and protein levels were determined by bivariate correlation. Quantitative data were analyzed by *t*-test. For all tests, a two-tailed P  $\leq$  0.05 was considered significant.

# Results

# Expression of miR-204-5p in LSCC and ANM tissue and association with cervical lymph node metastasis and clinical stage

The relative expression of miR-204-5p was lower in 43 LSCC tissues relative to ANM tissues (overall 0.64±2.11-fold, P<0.001; Fig. 1A, 1B). The relative expression of miR-204-5p for stage N+ was 25.00±34.20, which was lower than 161.96±351.17 for the N0 LSCC samples (Mean Rank 17.61 vs. 25.48, P=0.041). For stages III and IV (III+IV), the relative expression of miR-204-5p was 39.54±67.82, which was lower than 229.67±446.03 for stage I and II LSCC (I+II) (Mean Rank 19.34 vs. 27.50, P=0.046) (Fig. 1D, 1E).

### Elevated FOXC1 mRNA and protein levels in LSCC tissue and correlation with cervical lymph node metastasis

The relative FOXC1 mRNA level was higher in the 43 LSCC tissues than in ANM tissues (14.19±18.26-fold, P<0.001; Fig. 1A, 1B). For stage N+, the relative expression of FOXC1 mRNA was 36.09±34.40, which was higher than 16.11±14.14 for the stage N0 LSCC samples (Mean Rank 26.84 vs. 18.17, P=0.024; Fig. 1F). For stages III and IV (III+IV), the relative expression of FOXC1 mRNA was 30.56±30.01, which was higher than 13.30±12.73 for stage I and II LSCC (I+II) (Mean Rank 24.93 vs. 15.93, P=0.028) (Fig. 1G).



**Figure 1. Expression of miR-204-5p and forkhead box C1 (FOXC1) in LSCC tissues. A:** Quantitative RT-PCR (qPCR) analysis of relative RNA expression of miR-204-5p and FOXC1 in 43 LSCC tissue samples and corresponding adjacent normal mucosa (ANM). Data are presented as –ΔΔCT (mean±SD). **B:** qPCR analysis of relative RNA expression of miR-204-5p and FOXC1 in all 43 LSCC samples and corresponding ANM. C: Correlation of expression between miR-204-5p and FOXC1 mal 43 LSCC samples and corresponding ANM. C: Correlation of expression between miR-204-5p and FOXC1 RNA levels in LSCC tissues (r=0.363, P=0.017). **D-E:** Relative RNA expression of miR-204-5p by lymph node and clinical staging in LSCC and ANM samples. **F-G:** Relative mRNA expression of FOXC1 by lymph node and clinical staging in LSCC and ANM samples. **H-J:** Immunohistochemical staining of the FOXC1 protein in LSCC tells (**J**). **K:** Immunohistochemical staining of FOXC1 protein in adjacent normal mucosa. **L:** Low FOXC1 expression in tissues with high miR-204-5p expression; weak positive granular deposition in the cytoplasm and nuclei of LSCC cells. **N:** Pronounced FOXC1 expression in tissues with high miR-204-5p expression; weak positive granular deposition in the cytoplasm and nuclei of LSCC cells. **N:** Pronounced FOXC1 expression in tissues of LSCC tissue section). Black arrows show positive cytoplasmic staining; red arrows show positive nuclear staining; magnification 40×10. Data are presented as the mean ± SD.

FOXC1 protein expression was higher in LSCC tissues than in ANM tissues (Fig. 1H-1K). Consistent with previous reports <sup>[47, 48]</sup>, our results showed that FOXC1 was localized to the cytoplasm and/or nuclei

of the cancer cells (Fig. 1H-1J). FOXC1 protein expression was higher in the stage N+ LSCC samples than in the stage N0 LSCC samples (84.2%, 16/19 vs 50.0%, 12/24) (P = 0.019). Rank sum testing showed

that FOXC1 protein expression was significantly higher in the stage N+ samples than in the stage N0 LSCC samples (P = 0.021). Moreover, FOXC1 protein expression was higher in LSCC stages III and IV (III+IV) than in stages I and II (I+II) (79.3%, 23/29 vs 35.7%, 5/14) (P = 0.005). Rank sum testing showed that FOXC1 protein expression was significantly higher in stage (III+IV) than (I+II) (P = 0.005). Age, gender, tumor stage, degree of differentiation, and primary cancer site were not associated with the ratio and strength of FOXC1 protein expression (Table 2).

# Negative correlation between miR-204-5p and FOXC1 expression in LSCC tissues

The FOXC1 mRNA level was negatively correlated with the miR-204-5p level in LSCC tissues (Spearman's rho=-0.363, P=0.017; Fig. 1C). The expression level of the miR-204-5p or FOXC1 mRNA was classified by median relative expression, with expression higher than the median considered high expression and lower than the median considered low expression. Both FOXC1 mRNA and protein levels were negatively correlated with miR-204-5p expression, but the FOXC1 mRNA level was positively correlated with the FOXC1 protein level (Table 3). Among 22 cases of high miR-204-5p expression, 11 showed low FOXC1 protein expression (50.0%) (Fig. 1L, M). Among 21 cases of low miR-204-5p expression, 17 showed high FOXC1 protein expression (81.0%) (Fig. 1N).

### Direct regulation of FOXC1 by miR-204-5p

To further investigate the relationship between miR-204-5p and FOXC1, expression of miR-204-5p and FOXC1 in LSCC cell lines Hep-2 and TU-177 and control cell line HOK was determined by qPCR. As shown in Figure 2A and 2B, miR-204-5p was lower in both Hep-2 and TU-177 cells than in HOK cells, while the FOXC1 mRNA level was higher in Hep-2 and TU-177 cells than in HOK cells. Consistently, expression of FOXC1 protein in Hep-2 and TU-177 cells was higher than in HOK cells (Fig. 2C). These results suggest that miR-204-5p might directly regulate FOXC1 expression. Prediction using Target-Scan Human 7.1, microrna.org, and miRDB each revealed two miR-204-5p binding sites on the FOXC1 3' UTR (Fig. 2D). The dual-luciferase reporter assay revealed that the luciferase activities of 3'UTR-FOXC1 (wild-type), 3'UTR-mut-FOXC1-1, and 3'UTR-mut-FOXC1-2 were significantly decreased when cotransfected with the miR-204-5p mimics compared with the NC mimics, but 3' UTR-mut-FOXC1-3 (complete mutations on both sites) showed no significant changes (Fig. 2E). Thus, miR-204-5p may bind to both sites in the FOXC1 3' UTR and play a

regulatory role. We further confirmed that miR-204-5p overexpression inhibits endogenous FOXC1 mRNA and protein expression in LSCC cells (Fig. 3A-3C). These data collectively suggest that miR-204-5p directly inhibits FOXC1 expression in LSCC cells.

Table 2. Association of clinical features and FOXC1 protein level
in 43 LSCC patients.

Variables	No. (n=43)	FOXC1 protein level (n, %)		Р	FOXC1 protein level	P **
		Low	High	-	Mean rank	-
Age, years (range 45-76)						
≤59	19	5 (26.3)	14 (73.7)	0.294	23.84	0.300
>59	24	10 (41.7)	14 (58.3)		20.54	
Gender						
Male	39	15 (38.5)	24 (61.5)	0.280*	21.23	0.129
Female	4	0 (0.0)	4 (100.0)		29.50	
Differentiation						
Well	18	6 (33.3)	12 (66.7)	0.856	22.33	0.858
Moderate or poor	25	9 (36.0)	16 (64.0)		21.76	
Tumor stage						
T1+T2	25	10 (40.0)	15 (60.0)	0.407	20.90	0.412
T3+T4	18	5 (27.8)	13 (72.2)		23.53	
Cervical lymph node		. ,	. ,			
N0	24	12 (50.0)	12 (50.0)	0.019	18.75	0.021
N+	19	3(15.8)	16 (84.2)		26.11	
Clinical stage						
I + II	14	9 (64.3)	5 (35.7)	0.005	15.68	0.005
III + IV	29	6 (20.7)	23 (79.3)		25.05	
Tumor site						
Supraglottis or subglottis	16	4 (25.0)	12 (75.0)	0.295	24.13	0.301
Glottis	27	11 (40.7)	16 (59.3)		20.74	
miR-204-5p level		, ,	. ,			
Low	21	4 (19.0%)	17 (81.0%)	0.033	25.40	0.035
High	22	11 (50.0%)	11 (50.0%)		18.75	
FOXC1 mRNA level		. ,	. ,			
Low	21	11 (52.4%)	10 (47.6%)	0.019	18.24	0.020
High	22	4 (18.2%)	18 (81.8%)		25.59	

\* By Fisher's exact test, \*\* by Mann-Whitney U test.

 Table 3. Correlations among miR-204-5p level and FOXC1

 mRNA and protein levels in 43 samples of LSCC.

	FOXC1 protein level	$P^*$	FOXC1 mRNA level	P*
	Spearman's rho		Spearman's rho	-
	coefficient		coefficient	
miR-204-5p level	-0.325	0.034	-0.303	0.048
FOXC1 protein			0.359	0.018
level				

\* P < 0.05 (2-tailed) considered significant

# Inhibitory effect of miR-204-5p and FOXC1 siRNA on LSCC cell proliferation and colony formation

Knockdown of FOXC1 was performed using siRNA that targeted the CDS region of the FOXC1 mRNA, and effective knockdown was obtained with 50 nM si-FOXC1-2 (Fig. S1). Therefore, si-FOXC1-2 was used in subsequent experiments for FOXC1 knockdown (Fig. 3D-3E). To investigate the role of miR-204-5p and FOXC1 in LSCC growth, the MTS assay was performed by measuring optical density values at 490 nm at 0, 24, 48, and 72 h after transfection of Hep-2 and TU-177 cells with miR-204-5p mimics or FOXC1 siRNA. The results showed that cell proliferation was inhibited after the miR-204-5p mimics or FOXC1 siRNA were transfected (Fig. 4A-4D). The colony-formation assay confirmed that the miR-204-5p mimics and FOXC1 siRNA inhibited proliferation of LSCC cells (Fig. 4E-4H).



Figure 2. miR-204-5p directly inhibits FOXC1 expression. qPCR analysis of miR-204-5p (A) and FOXC1 (B) expression in LSCC cell lines Hep-2 and TU-177 and in normal control cell line HOK. B: Expression of FOXC1 in LSCC cell lines Hep-2 and TU-177 and in normal control cell line HOK was determined by western blotting. D: miR-204-5p binding sites in the FOXC1 3' UTR predicted by TargetScan. E: Luciferase activity assay of predicted miR-204-5p binding sites in the FOXC1 3' UTR. Data are presented as the mean ± SD.



Figure 3. miR-204-5p mimics and FOXC1 siRNA inhibit FOXC1 expression in LSCC cells. A: qPCR analysis of the miR-204-5p level in miR-204-5p mimic-transfected (50 nM, 48 h) Hep-2 and TU-177 cells. qPCR and western blotting analysis of FOXC1 mRNA (**B**) and protein levels (**C**) in miR-204-5p mimics-transfected (50 nM, 48 h) Hep-2 and TU-177 cells. qRT-PCR and western blotting analysis of FOXC1 mRNA (**D**) and protein levels (**E**) in FOXC1 siRNA-transfected (50 nM, 48 h) Hep-2 and TU-177 cells. Data are presented as the mean ± SD.

# miR-204-5p overexpression or FOXC1 knockdown inhibits migration, invasion, and the epithelial-mesenchymal transition in LSCC cells

Scratch assays that were performed to assess wound healing by Hep-2 and TU-177 cells at 12, 24, and 48 h after transfection with the miR-204-5p mimics or FOXC1 siRNA revealed reduced cell migration after transfection (Fig. 5A-5D). Furthermore, Transwell assays revealed the reduced invasion abilities of Hep-2 and TU-177 cells with the miR-204-5p mimics or FOXC1 siRNA transfections (Fig. 5E-5H).

The EMT process is an important mechanism by which tumor cells become capable of invasion and metastasis <sup>[49]</sup>. The expression of EMT markers E-cadherin, N-cadherin, and MMP-9 in LSCC cells after transfections with the miR-204-5p mimics or FOXC1-siRNA was determined by immunoblotting. miR-204-5p overexpression or FOXC1 knockdown upregulated E-cadherin but downregulated N-cadherin and MMP-9 significantly in Hep-2 and TU-177 cells (Fig. 5I-5J). These results suggest that miR-204-5p overexpression or FOXC1 knockdown inhibits EMT in LSCC cells.

# Inhibitory effect of miR-204-5p on growth of xenograft tumors *in vivo*

From the nude mice tumor model generated with Hep-2 and TU-177 cells, the tumor volumes and final tumor weights were smaller with the miR-204-5p mimics than with the NC-mimics injections (Fig. 6A-6D). These results suggest that miR-204-5p suppresses the growth of LSCC xenograft tumors in nude mice.

### Discussion

Metastasis is a basic characteristic of malignant tumors and a major cause of recurrent disease and



Figure 4. miR-204-5p overexpression or FOXC1 knockdown inhibit LSCC cell proliferation. MTS assay of Hep-2 and TU-177 cells transfected with miR-204-5p mimics (50 nM) (A, B) or FOXC1 siRNA (50 nM) (C, D) for 24, 48, and 72 h. Colony formation assay of Hep-2 and TU-177 cells transfected with miR-204-5p mimics (50 nM) (E, F) or FOXCI siRNA (50 nM) (G, H). Data are presented as the mean ± SD.

death in many patients <sup>[50, 51]</sup>. The process of tumor cell metastasis is accompanied by disrupted regulation of oncogenes and tumor suppressor genes. miRNAs are small non-coding single-stranded RNA molecules that completely or partially bind to the 3' UTR regions of target genes, thereby inhibiting the translation of or directly degrading target gene transcripts [11]. The discovery of miRNAs has opened new horizons for investigations into regulatory crosstalk between oncogenes and tumor suppressor genes during tumor

invasion and metastasis.

Using miRNA microarrays, we revealed that miR-204-5p expression was downregulated 5.02-fold in human LSCC tissue relative to normal tissue (P<0.001, data not shown). This trend is consistent with trends in oral cancer [19], hypopharyngeal cancer [25], squamous cell maxillary sinus cancer [27], squamous cell carcinoma<sup>[28]</sup>, endometrial cancer<sup>[29]</sup>, and bile duct epithelial cancer [30]. We found the relative expression of miR-204-5p to be lower in 43 human LSCC samples than in the adjacent normal tissues. Moreover, the miR-204-5p level was lower in stage N+ and clinically advanced (III and IV) LSCC tissues than in stage N0 and early-to-mid-stage (I and II) LSCC. Lee et al. observed that miR-204 localized to a cancer-associated genomic region (CAGR), 9q21.1-q22.3, but no candidate tumor suppressor gene was identified in the CAGR: miR-204 expression was low in the head and neck SCC JSQ3 (nasal cavity) and SQ38 (pyriform sinus) cell lines. After restoration of miR-204 expression in JSQ3 and SQ38 cells, cell adhesion, invasion, and metastasis were reduced. Similar results were observed in studies of endometrial cancer <sup>[29]</sup>, gastric cancer <sup>[31]</sup>, renal cell carcinoma <sup>[32]</sup>, and liver cancer <sup>[33]</sup>. Thus, miR-204-5p might be involved in LSCC invasion and metastasis and be a tumor suppressor gene.

FOXC1 may be a genetic risk factor for LSCC [35]. Our bioinformatics analysis predicted FOXC1 as a target gene for miR-204-5p. The relative expression of FOXC1 was higher in 43 LSCC samples than in the adjacent normal tissues and negatively correlated with the miR-

204-5p level. miR-204-5p expression was lower, but FOXC1 expression was higher, in Hep-2 and TU-177 cells than in control cells HOK, suggesting that miR-204-5p may have a targeted regulatory effect on FOXC1. Our data further confirmed that miR-204-5p directly bound to the 3' UTR of the FOXC1 mRNA to inhibit expression.



Figure 5. miR-204-5p overexpression or FOXC1 knockdown inhibits LSCC cell migration, invasion, and the EMT process. Scratch assay of cell migration by Hep-2 and TU-177 cells transfected with miR-204-5p mimics (50 nM) (A, B) or FOXC1 siRNA (50 nM) (C, D) for 12, 24, and 48 h. Relative number of invaded cells in a Transwell assay of Hep-2 and TU-177 cells transfected with miR-204-5p mimics (50 nM) (G, H). Hep-2 and TU-177 cells transfected with miR-204-5p mimics (50 nM) or FOXC1-siRNA (50 nM) (G, H). Hep-2 and TU-177 cells transfected with miR-204-5p mimics (50 nM) or FOXC1-siRNA (50 nM) (G, H). Hep-2 and TU-177 cells reasfected with miR-204-5p mimics (50 nM) or FOXC1-siRNA (50 nA) and expression of EMT markers E-cadherin, N-cadherin, and MMP-9 in Hep-2 cells (I) and TU-177 cells (J) was detected by immunoblotting. Data are presented as the mean ± SD.

High FOXC1 expression has been observed in breast cancer with lymph node and brain metastases and is associated with a poor prognosis [36]. FOXC1 transcription and translation in non-small-cell lung cancer were increased and associated with lymph node metastasis. FOXC1 was found to be an independent prognostic risk factor for non-small-cell lung cancer [38]. A study of hepatocellular carcinoma showed significantly increased FOX-C1 mRNA and protein levels in hepatocellular carcinoma tissues, especially when microvascular invasion was evident. Similarly, in this study, the ratio of FOXC1 expression and the expression strength were both significantly higher in stage N+ than in stage N0 LSCC. Thus, FOXC1 may play an important role in LSCC invasion and metastasis.

Snail and twist are key signaling molecules in EMT. After knockdown of FOXC1 expression in Bel-7402 liver cancer cells, E-cadherin was upregulated, vimentin and N-cadherin were downregulated, and the EMT phenotype of the tumor cells was weakened [39]. Thus, FOXC1 might be involved in tumor invasion and metastasis by regulating EMT or by directly participating in tumor microvessel formation and lymphangiogenesis [37]. In this study, our data demonstrated that knockdown of FOXC1 inhibits EMT in LSCC cells and suggested that miR-204-5p may inhibit LSCC cell invasion and migration by suppressing FOXC1 expression and the EMT process.

To determine whether miR-204-5p suppresses LSCC cell proliferation, invasion, and metastasis by inhibiting FOXC1, we transfected miR-204-5p mimics or FOXC1 siRN-A into Hep-2 and TU-177 cells. FOXC1 transcription and translation were decreased after transfection, and cell proliferation, colony formation, invasion, and metastasis of Hep-2 and TU-177 were all suppressed after transfections with the miR-204-5p mimics or FOXC1 siRNA. These data suggest that miR-204-5p overexpression suppresses tumor growth by inhibiting its target gene, FOXC1. Studies of endometrial and breast cancer showed similar results <sup>[29, 36]</sup>. miR-204-5p can also inhibit ezrin expression and indirectly inhibit Ras activation, thereby suppressing proliferation and metastasis of cancer cells <sup>[31]</sup>. Additionally, our data revealed that growth of xenograft LSCC tumors in nude mice was significantly inhibited after injections with the miR-204-5p mimics. Therefore, our *in vitro* and *in vivo* studies indicate that miR-204-5p has significant potential for molecular targeted therapy of LSCC.

In conclusion, we found that disrupted expression and regulation of FOXC1 by miR-204-5p is a frequent molecular event during LSCC invasion and metastasis. miR-204-5p can suppress malignant LSCC behaviors, including cell proliferation, invasion, and metastasis, by directly inhibiting FOXC1 expression. Moreover, miR-204-5p suppressed LSCC tumor growth *in vivo*. These findings provide new insights into the molecular mechanism of LSCC invasion and metastasis and offer potential targets and markers for LSCC treatment and prognosis. Further study is required to unravel the mechanism underlying dysregulation of miR-204-5p in LSCC.



Figure 6. miR-204-5p inhibits Hep-2 and TU-177 tumor growth *in vivo*. After injections with the miR-204-5p mimics, the volumes of the Hep-2 (A) or TU-177 (B) tumors were decreased compared with the NC mimics group. Mean final weights of the Hep-2 (C) and TU-177 (D) tumors with the miR-204-5p mimics or NC mimics. Data are presented as the mean  $\pm$  SD.\*, P<0.05.

# **Supplementary Material**

Supplementary figures and tables. http://www.jcancer.org/v08p2356s1.pdf

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#### **Author Contributions**

Conceived and designed the experiments: BQW, SXW, CMZ, WG.

Performed the experiments: WG, YYW, XLH, CMZ, MXZ, BC, QQL, XKQ, WYL.

Analyzed the data: WG, YYW, CMZ, HXL, SXW.

Contributed reagents/materials/analysis tools: BQW, SXW, WG, CMZ.

Wrote the paper: WG, YYW, XLH, CMZ, MXZ.

# **Competing Interests**

The authors declare no conflict of interest.

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